## **INDUSTRIAL FIRST AID SUPPLIES LIMITED**

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# **PRODUCT GUIDE**

#### DRESSINGS

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Bandaid-type plastic and fabric strips	<ul> <li>Commonly known as Bandaids or sticking plasters for first aid treatment of minor cuts and grazes. Fabric strips provide flexibility, stretch and have longer wear.</li> <li>TIP: For Longer wear cover with tape.</li> </ul>
Band-Aid Tough strips	- Similar to plastic strips with waterproof protection. Stays on until you want it off.
Blister plasters	<ul> <li>Blister plasters contain hydrocolloid technology which relieves blister pain instantly and protects blisters from further rubbing and infection while speeding up the healing process.</li> <li>TIP: Cover plaster with strapping tape for longer wear and added protection.</li> </ul>
Nexcare Active strips	- A diamond shaped flexible strip which is designed for active people to stick on damp skin also latex free.
Nexcare Soft n Flex strips	- Ultra stretchy, thin material bends to move with you when you're performing everyday tasks.
Nexcare Waterproof bandages	- Similar to sticky plasters with a waterproof film protection. Designed to stay on skin in the bath, shower or pool.
Fingertip plasters	<ul> <li>A butterfly shaped fabric sticking plaster to fold over and cover the ends of stubbed fingers and toes.</li> </ul>
Knuckle plasters	– A H-shaped fabric sticking plaster designed to run along a finger and cover the knuckle can also be used for elbows and heels.
Detectable strips, plasters and tape.	- Coloured blue for easy visibility if lost during food handling. Some brands may include a metal strip for detection by x-ray and metal detection machines. Waterproof.
Fabric dressing strips and Non-woven roll with pad.	- A continuous roll of sticking plaster / non-woven roll with a dressing down the middle which is cut to the required size. Suitable for covering larger cuts and grazes.
Non-adherent pads (sterile)	- A dressing with a double sided non-adherent surface. Designed for wound contact, absorbency and protection of larger wounds and injuries. Can be attached either by tape or bandage and available with ADHESIVE. TIP: If dressing sticks soak in warm water to remove.
Island dressings	- Consisting of a non-adherent pad in the center and adhesive on four edges used to completely cover wounds and grazes.
Film (clear / transparent) dressing and rolls	- A hypoallergenic dressing which is waterproof and acts as a barrier to liquids & bacteria. It allows wounds to be easily monitored without needing to change or disturb the dressing and can be left on when bathing or swimming.
Non-woven roll / Fixomull stretch dressing	- A hypoallergenic fabric tape suitable for fixing large dressings or applying directly to skin. The dressing tape has a moderate amount of stretch to allow movement and is porous to allow moisture to escape. TIP: Good to use under strapping tape for skin protection.
Wound / skin closures	- Strips designed to offer support to a deep wound by running across, drawing and holding the edges of a wound together during healing. Also known as butterfly stitches or Steri-strips.
Combine dressing	- A large thick dressing. Ideal for absorption of heavy bleeds and commonly used for nose bleeds. A sterile non-adherent pad or paraffin gauze should be used between the wound, surfaces and combine dressing to avoid sticking.
Wound dressing / First aid dressing	- A sterile absorbent (combine like) pad attached to a gauze like bandage for ready securing. Used for heavy bleeds and emergencies.

#### **DRESSINGS CONTINUED**

Paraffin gauze / Adaptic non- adhering dressing	- A paraffin-impregnated non-adherent dressing used to cover and maintain moisture close to the wound during healing. A sterile non-adherent pad or other dressing (depending on the amount of absorption required) should cover the gauze to hold it in place.
Non-Woven Swabs	- Used for cleaning wounds and has the advantage of being virtually lint-free. The <u>STERILE</u> version can also be used on top of a sterile pad to form a dressing with greater absorption.
BANDAGES	
Crepe bandages	- An elastic bandage used to secure dressings or provide support and light compression.
Gauze Elastic bandages	- A lightweight bandage (similar to crepe) designed to conform to the shape of the body and allow free movement whilst holding a dressing in place.
Triangular bandages / Collarform arm sling.	- Commonly known as slings, these are used to immobilise and support an injured arm.
Cohesive bandages / Self-adherent wrap	- An elastic wrap which functions like a tape but only sticks to itself. Can provide light compression. TIP: Ideal for tramping and in water as they do not unravel or absorb large amounts of water. 2.5cm is great for strapping fingers.
Tubular Bandages	– An elasticated tubular bandage in a long roll (cut to size) for providing limb support or holding dressings in place.
Finger bandages	- Designed to fit over fingers and toes. Applicators can also be supplied.
Nose bandage	- Designed for nose bleeds. An absorbent dressing held in place by loops which go over the ears.

#### **EYE CARE**

Eve pad (sterile)

- An emergency dressing to lightly cover the eye if injured.

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Eye Bandage (sterile)	- A combination of an eye pad and a bandage for a quick and easy securement.
Eye Shield clear (sterile)	- Clear plastic, shaped to fit over the eye and is used to protect the eye and eye socket from pressure and further injury.
Eye bath	- Plastic cup shaped to fit the eye socket and designed for holding solution used for cleaning out the eye. TIP : Should be stored clean, dry, covered and ready for next user.
Eye-wash bottle (empty)	- Used for fast and effective relief for flushing an irritated eye.
Eye lotion & bath	- Used to soothe and refresh tired, irritated and sore red eyes and also cleanses the eye to help remove dust and other irritants.
Eye drops (Multi use / Single use)	- Drops specially formulated to provide soothing relief from the symptoms associated with dry, irritated eyes. Can be provided in single use ampoules, which contain no preservatives and also help to remain sterile and hygienic or in multi use bottles.
FIRST AID TAPES	
Standard Porous tape / Zinc oxide	- Used to secure dressings. Also suitable for strapping and sports related support.
Waterproof tape	- For securing dressings in wet, dirty or rough conditions. Can also be used to prevent blisters if applied before activity. TIP: For Blisters, apply hypoallergenic tape first for skin protection.
Elastic fabric tape	- An aggressive-sticking elastic tape for securing dressings, especially on joints or areas of movement. Also suitable for sporting applications e.g. finger splinting, initial compression of a muscle or joint injury.

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#### FIRST AID TAPES CONTINUED

Paper tape (hypoallergenic)	<ul> <li>A lightweight, easy-tear tape for securing dressings on extremely sensitive, fragile or damaged skin.</li> </ul>
Plastic tape (hypoallergenic and transparent)	- A perforated easy-tear, plastic and water-repellent porous tape for securing dressings on sensitive or allergic skin while allowing the skin to breathe.

#### **SPORTS PRODUCTS**

Sports tape	<ul> <li>Provides rigid support to joints under stress by preventing excessive movement during sporting activities.</li> </ul>
Elastic Adhesive Bandage	- An elastic strapping tape with strong adhesion for initial compression of a muscle, joint injury or for wrapping over sports tape to secure and give extra support.
Scotch insulation tape	- Electrical tape often used to secure bandages and hold up socks.
Reusable Hot / Cold pack	– A reusable pack (which can be chilled or heated) for applying to sprains, bruises and soft tissue injuries.
Instant Cold pack	- A single-use, self-activated <u>cold</u> pack for applying to sprains, bruises and soft tissue injuries.
Instant Hot pack	- A single-use, self-activated <u>hot</u> pack for applying to sprains, bruises and soft tissue injuries.
Cold pack sleeve	- A disposable hygienic cover for holding a cold / hot pack and preventing excessive cold or heat from coming into direct contact with the skin.
lce / Hot bag	– A waterproof, soft-touch fabric bag with a large cap opening for easy filling of ice cubes or hot water.
lce pads	- Designed to be soaked in water to swell. The fabric side can be applied directly to the skin. Similar to cold packs.
Cold spray	– An aerosol spray providing immediate cold and temporary relief from muscular pain and injuries.
Metsal cream	- A heat formulation used before and after exercise to relieve pain from muscle strains and over-exercise.
Warm Up Rub	- Is a pre-game sports cream that you massage into your muscle groups to prepare them for action.
Voltaren Emulgel / Deep Heat / Bio Freeze Pain Relieving Roll-on.	- A cream/gel/roll-on providing temporary relief from muscular aches and strains.
Petroleum Jelly	– For soothing sore lips, minor burns, cuts, scrapes, sunburn, chafing and superficial grazing from sporting and outdoor activities.
ANTISEPTICS	
Antiseptic liquid / spray	- A ready-to-use antiseptic liquid in a pump spray or bottle which can be directly applied onto minor cuts, grazes, insect bites and stings to cleanse the wound and help prevent infection.
Antiseptic cream / Ointment / First aid cream	– Used for cuts, scratches, blisters, grazes, windburn, sunburn, nappy rash, insect bites and cracked and itchy skin. The smooth moisturising base allows gentle application onto damaged skin.
BZK Antiseptic wipes/ towelettes , Cleansing wipes, Povidone-iodine prep pads	- An individually-wrapped wipe / towelette immersed in antiseptic solution and used for disinfecting cuts, grazes and minor wounds. Ingredients within different wipes vary.

#### **ANTISEPTICS CONTINUED**

Antiseptic powder	- Ideal if the patient's wound is to tender to touch as it can be applied by dusting the powder over the wound.
Alcohol swabs	– An individually wrapped alcohol-impregnated swab for sanitising and prepping an area on the body <mark>(Not to be used on broken skin)</mark>
Sodium chloride (saline) 0.9% wipes	- A moist sterile wipe immersed in saline solution for cuts, grazes and minor wounds.
Sodium chloride (saline) 0.9% irrigation solution	- A sterile solution for cleaning and flushing out wounds. Can also be used to flush eyes. Useful in first aid kits or locations where water may not be readily available.
Baby wipes, Hand wipes and General Purpose wipes.	- General-purpose and Hand Wipes are used for wiping either surfaces or hands to remove unwanted substances or residues. Baby wipes are versatile wipes designed to be gentle on skin also alcohol and fragrance free. Used for nappy changing and freshening up.
Cleaning and Disinfectant wipes / spray	- Ideal for disinfecting surfaces such as benches, tables and desks. If sprayed, the surface should be wiped after. (Not intended for use on skin or body)
Medical detergent	- Formulated to effectively and safely clean medical instruments and equipment of organic substances.
Sterilising tablets	– Diluted in water these tablets sterilise equipment, killing bacteria, viruses, fungi and spores. Used for glass, rubber and plastic. (Not for metal)
Purification tablets	– Kill water borne organisms that cause stomach upsets and diarrhoea, making unpurified water safer for drinking.
Eucalyptus Spray	– Natural antiseptic that kills and prevents the growth of germs and bacteria. <mark>(Not intended for use on skin or body)</mark>
Hand sanitiser	- A solution for rubbing over and disinfecting hands without requiring water.

Burn gel (sachet, tube, gel spray and - For applying and taking the heat out of light burns and relieving pain. Also available as a geldressing) impregnated sterile dressing.

#### NATURAL REMEDIES

Calendula cream	- Designed to create a barrier on the surface of the skin to protect the skin from moisture and irritants and is absorbed quickly into the skin.
Allermed Relief gel	- Assists the natural immune response to allergic reactions caused by foods, plants, clothing, chemicals, insect bites and stings. Provides soothing properties for all affected areas.
Arnica cream / tablet / liquid	- A homeopathic remedy for the symptomatic relief of bruising, sore muscles and joints.
Nature's Kiss Anti-Flamme	– A natural anti-inflammatory cream used to provide relief from strained muscles, joint pain, bumps, bruises and common sports injuries.
Tea Tree oil / cream	– Natural antiseptic products for applying to cuts, grazes, bites, cracked dry skin and other minor skin irritations.
Lucas Papaw Ointment	– For boils, burns, chafing, cuts, cracked skin, gravel rash, splinters, open wounds, insect bites and nappy rash.
Bach Rescue Remedy	- A homeopathic oral remedy for relieving the effects of shock, emotional trauma and distress.
Ginger tablets	- Designed to alleviate the feelings of nausea and can reduce the effects of motion sickness.

#### ANALGESICS

Paracetamol tablets / Capsule- Shaped / Soluble	- For the relief of pain and discomfort from headaches, migraines, cold and flu symptoms, period pain, fever, dental pain, rheumatic and muscular pain. Panadol Soluble tablets are dissolved in water and absorbed more quickly by the body.
lbuprofen tablets	- Designed to help lower temperatures, relieve pain and reduce inflammation.
Nuromol tablets	- Combine the power of two active ingredients - ibuprofen and paracetamol in one tablet for superior pain relief.
Antihistamine tablets	- To relieve allergies such as hay-fever, hives and reactions to insect bites and stings.
Hayfever gel	- Instant allergy and hay-fever relief without the harsh side effects of drug and prescription allergy medication.

### COUGH, COLD, THROAT & MOUTH

Strepsils Troat lozenges	- Antibacterial lozenges for providing relief from sore throats.
Strepsils Plus Throat lozenges	- Antibacterial lozenges with a local anaesthetic for numbing and providing relief from severe sore throats.
Strepsils Sore Throat & Blocked Nose lozenges	- Contain two antibacterial agents to help kill the bacteria which can cause sore throats and mouth infections.
Kurols Mentholated Throat lozenges	- Help clear blocked noses and soothe sore throats.
Propolis throat lozenges	- Lozenges for soothing sore throats based on a natural antibiotic found in bee hives.
Savacol Mouth & Throat	- A gargle containing a broad spectrum antiseptic. Can be used to reduce the discomfort of mouth ulcers and prevent / treat gingivitis. Also works to reduce the formation of plaque.
Betadine Throat Gargle	- An anti-viral and anti-bacterial gargle and works by killing most bacteria and viruses implicated in sore throat.
Bonjela gel	- Bonjela Gel provides relief from the pain and discomfort of mouth ulcers, denture sores and brace sores.
Vicks Formula 44 chesty cough syrup	- Contains Guaifenesin - an expectorant that thins and loosens phlegm in your body to get it out of your system naturally. This breaks up that exasperating mucus jam in the chest, to cough it up and out with ease.
Vicks Vaporub	- Helps to relieve nasal congestion and eases minor muscular aches and pains and coughs caused by colds.
Eucalyptus oil	- Used to help relieve the symptoms of colds and flu, ease muscular aches and pains and can also be used as an antiseptic for minor cuts and scratches.
Lip Conditioner	- Protects from the sun, wind and cold. It helps to relieve and prevent chapped lips.
SUNSCREEN, REPFI I	ENT. SKIN AND HAIR CARE

#### SUNSCREEN, REPELLENT, SKIN AND HAIR CARE

Silic 15 Barrier cream	<ul> <li>Helps protect the skin from soaps, Detergents, Water, Chemicals and other irritants by creating a protective barrier.</li> </ul>
Fatty cream	- Recommended as a topical emollient for dry skin conditions such as eczema and dermatitis.
Dimethicone 10% cream	- Creates a waterproof 'glove' to protect the skin against water-soluble irritants.
Magnesium Sulphate paste	- Used traditionally as a drawing agent and as a mild antiseptic. Supports the natural healing process when applied to boils, carbuncles and pimples.

### SUNSCREEN, REPELLENT, SKIN AND HAIR CARE CONTINUED

Calamine lotion / cream	- Calms dry, itchy and irritated skin. Soothes discomfort resulting from rashes, insect bites, stings sunburn and other irritations.
Sunscreen	- Designed to protect the skin from harmful UVB and UVA rays.
Sunscreen with insect repellent	- Contains natural insect repellent made with a blend of essential oils containing citronella, tea tree and eucalyptus to protect against mosquitoes, sandflies and other biting insects.
Insect Repellent pump / spray / aerosol / roll-on	- Protection against insects such as mosquitoes. Also repels flies, sandflies, leeches, ticks and other biting insects. Some may contain deet.
Anthisan 2% antihistamine cream	- Provides relief from pain, itching and inflammation cause by insect bites, stings and nettle rash.
Stingose spray / gel	- Calms and soothes the pain, itch and swelling of stings and bites.
Nature's First Aid Lotion	– A lotion with a special blend of natural oils formulated to soothe bites, stings, sunburn, minor burns and skin irritations for several hours.
Scratchy & Itchy soothing gel	– A natural soothing gel designed for calming and healing of eczema, insect bites, sunburn, bruises, minor burns, chicken pox and inflamed skin.
Head lice solution	- A solution that kills both the head lice and eggs, breaking the life cycle in three applications seven days apart.

#### **FEMININE PRODUCTS**

Tampon	- Designed for insertion to absorb flow during menstruation. Can be purchased with applicator for ease of use and accurate placement.
Pads (sanitary)	- A pad with adhesive fixation on one side and absorbent material on the other, worn during

	menstruation to absorb the uterine flow. Can be purchased with wings (adhesive) to secure placement.
Pregnancy Test	- Used to detect trace amounts of the pregnancy hormone hCG in the urine as early as 7-10 days after conception. Foil package consists of a testing device and dropper.

#### **BEDDING & PAPER PRODUCTS**

Pillow (Waterproof)	- A pillow with a 'Clean Sleep Fabric' which enables the pillow to be waterproof, anti-bacterial and flame retardant.
Disposable pillow case	- A non-woven disposable case used to protect and keep your pillows clean.
Disposable bed sheets	- Constructed from non woven spunbound polyethylene fabric. Designed to protect furniture in first aid rooms or beauty clinics.
Mattress protector fitted single sheet	- A lightweight waterproof fitted sheet for covering and protecting a mattress. Made from blue plastic
Couch roll	- Long paper roll with perforations. Used to protect surfaces from contamination.
Protection serviettes (waterproof)	- An absorbent paper sheeting with a blue waterproof backing. Ideal for placing under a patient when applying or changing a dressing.
Vomit bag	- Helps contain fluid in the case of vomiting. Has a twist and seal lock opening for easy usage.

#### **BEDDING & PAPER PRODUCTS CONTINUED**

Supa-Sorb super absorbent powder	- Quickly absorbs and turns all water based spills such as vomit, blood and urine to get for an easy clean up.
Tissues	- Soft, absorbent, disposable papers that are suitable for use of wiping surfaces or skin/face.
Multifold hand towel	- A paper hand towel with 3 fold used to dry hands.
Verasoft towels	- Multipurpose Towels are low linting, highly absorbent and extremely strong and durable.
HARDWARE	
Scissors (stainless steel)	- Designed with one sharp and one blunt end to safely lift bandages away from the skin for easy cutting.
Stitch cutter blades (sterile)	- Made from carbon steel with a rounded bull nose tip. This ensures there is no damage to the skin while the surgical edge cuts through the suture with minimal resistance.
Nail clippers	- Ideal for trimming and tidying a jagged or torn nail.
Tender tweezers	- A small instrument like a pair of pincers for plucking out hairs and picking up small objects.
Fine splinter point tweezers	- Fine-pointed tweezers useful for removing small foreign objects from wounds.
Splinter probes (disposable)	- Disposable probe with a plastic handle and a sharp metal point used to remove splinters.
Head lice comb	- A comb made up of fine teeth that are set close together to help remove the head lice eggs from the scalp.
Safety pins	– A pin that includes a simple spring mechanism and a clasp. Used for holding bandages closed among other uses.

Bandage clips	- A clip with two hooked ends and elastic center to hold bandages in place. Used as an alternative to pins.
Medicine measuring cup	- Portion cups with markings used for dispensing medications and ensuring correct liquid dosage.
Wound dressing packs	- Ready to use pack for cleaning and dressing wounds. Contains tray, cover sheet, forceps and non-woven balls.
Suture removal kit	- A sterile kit for removing stitches. Contains Littauer scissors,metal forceps and gauze sponge.
Dressing forceps	- Used for gripping dressings and swabs when cleaning wounds. Can be purchased in stainless steel or plastic.
Razors (disposable)	- A disposable medical grade razor used to remove hair for minor surgical procedures.
Kidney bowl	<ul> <li>A shallow basin with a kidney-shaped footprint and sloping walls generally used for holding soiled dressings and other medical waste.</li> </ul>
Sharps bin	- A disposable container that is used to safely dispose of sharp items such as needles and blades.
Cervical collar - Foam Cervical collar - Philly Patriot	– Used to support a person's neck. – A medical device which should only be applied by trained professional.
Crutches	- A mobility aid that transfers weight from the legs to the upper body. It is often used by people who cannot use their legs to support their weight, for reasons ranging from short-term injuries to lifelong disabilities.

### DIAGNOSTICS

Thermometer	- An instrument/device for measuring and indicating temperature.
Digital thermometer covers	<ul> <li>A cover for a digital thermometer to prevent the spread of bacteria and infections between patients when taking readings.</li> </ul>
Probe covers	– A disposable cover designed for Braun Thermoscan Thermometers to be used when taking readings.
Otoscope Specula	-A cone or funnel-shaped attachment for an otoscope which is inserted into the ear canal to examine the eardrum.
Tongue depressors	- A wooden tool used in medical practice to depress the tongue to allow for examination of the mouth and throat. Can also be used to apply lotions and creams.
Examination torch	- A pen light torch used to examine eyes.
Sphygmomanometer	- A device (also known as blood pressure monitor) used to measure blood pressure, composed of an inflatable cuff to collapse and then release the artery under the cuff in a controlled manner.
Stethoscope	- An acoustic medical device for listening to internal sounds a body. It typically has a small disc-shaped resonator that is placed against the skin, and one or two tubes connected to two earpieces.
Blood Glucose meter pack	– A meter pack containing glucose meter, batteries, test strips, lancing device, lancets, logbook, carry case and registration card.
Glucose test strip	- Strips for testing blood to indicate glucose levels. Used with a glucose meter pack.
Sterile lancets	- A small medical implement used for capillary blood sampling.
Multistix 5 strips	- Used by medical professionals for testing urine samples

#### **DISPOSABLE PROTECTIVE WEAR AND CLOTHING**

Gloves (Latex, Vinyl and Nitrile)	- Used for protection to help prevent cross-contamination. Nitrile gloves are commonly used for chemical handling and where instrument strike through may be a consideration.
Glove box holder	- A metal wall mountable object designed to fit most types of glove boxes for easy high quantity use.
Round (bouffant) caps	- A lightweight and comfortable polypropylene cap worn to keep hair contained.
Plastic sleeve protectors	- Disposable over-sleeve with elasticised ends to cover and secure sleeves.
Plastic aprons	- A non-restrictive, light piece of apparel used for protecting clothing against spills and splashes.
Disposable overboots (non-skid)	- Used over shoes and boots to protect footwear from water-based liquids and to avoid cross- contamination transferred by footwear.
Isolation gowns	- Gowns worn as personal protective clothing in order to provide a barrier between patient and personnel.
Disposable briefs (boy-leg)	<ul> <li>A 'boy leg' style brief made from breathable nylon these are great for hospital, emergencies, travelling, spa treatments and camping.</li> </ul>
Disposable emergency poncho	- A lightweight, hooded plastic poncho and is great keeping the body dry from the rain and other emergency situation.

#### **DISPOSABLE PROTECTIVE WEAR AND CLOTHING CONTINUED**

Procedure masks (ear loop type)	<ul> <li>Intended to be worn during healthcare procedures to prevent infections passing from patients to personnel by catching bacteria shed in liquid droplets and aerosols from the wearer's mouth and nose and vice versa.</li> </ul>
Utility safety glasses	- Glasses used for short term eye protection. Can be worn over prescription glasses.
Foam earplugs	- Provide a noise-reducing seal in the ear canal and with tapered design. Once fitted in the ear they soften with body temperature for comfortable extended wear.

#### **RESUSCITATION, RESCUE AND SAFETY EQUIPMENT**

Emergency foil thermal blanket	<ul> <li>A foil blanket which provides effective protection against excessive cold and hot weather conditions.</li> </ul>
Torch / Radio (Dynamo)	- A self powered torch and radio. Ideal for emergencies, camps and outdoor activities.
Swiss Army-type pocket knife	- A pocket knife offering a multitude of tools in one small sturdy package.
Resuscitation face shield	- A device with a one-way valve which acts as an oral barrier, protecting the rescuer from the transmission of fluid and infection during CPR.
Bag-valve-mask resuscitator	<ul> <li>A hand held device commonly used to provide positive pressure ventilation to patients who are not breathing or not breathing adequately.</li> </ul>
Guedel airway	- Used commonly in pre-hospital emergency care and for short term airway management post anaesthetic or when manual methods are inadequate to maintain an open airway. Recommended for use by trained personnel.
Portable emergency suction unit	– A lightweight, portable high vacuum with a manual vacuum pump used for the clearing of airway obstructions.
Oxygen mask	- Provides a method to transfer breathing oxygen gas from a storage tank to the lungs.

Oxygen tubing with universal connector	- A long tube that connects one end to an oxygen mask and the other to an oxygen regulator.
Emergency splint	- A medical equipment used to keep an injured body part from moving and protect it from further damage.
Folding pole stretcher	- Used for moving patients who require medical care. A basic type must be carried by two or more people.
Fire extinguisher	- A fire extinguisher is an active fire protection device used to extinguish or control small fires in emergency situations.
Fire blanket	- Made from a woven fibreglass material, the blanket is contained in a wall-mounted clamshell shaped package with quick release pull tabs. Ideal for small cooking fires and leaves less mess than a fire extinguisher.
MISCELLANEOUS	
Mylanta antacid tablets, Gaviscon Liquid, Quickeze chewy tablets and Eno antacid powder	- Provides relief from indigestion, upset stomachs, heartburn.
Gluco (chewy) tablets	- For boosting energy levels and handy for diabetics with low blood sugar levels
Enerlyte powder	- To treat and prevent dehydration due to diarrhoea and Traveller's Gastroenteritis.

Ural effervescent powder sachets - A pleasantly flavoured urinary and systematic alkaliniser for Kidney and Urinary tract infections caused by bacteria.

Remove wipes

- Dissolves adhesives and help to remove acrylic-based, rubber-based and hydrocolloid-based residues from the skin. TIP: Wash off residue before applying another adhesive.

#### **FIRST AID CONTAINER**

Plastic box	- A durable, moulded plastic container with a press-down (Tupperware-style) lid.
First aid bag	- Durable nylon bags which fold out to give easy access to compartments & pockets.
Steel box	- A robust metal container suitable for trucks, heavy work vehicles or hard-working areas.
Steel wall cabinet	- A robust metal cabinet which attaches to a wall.